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BAJA 101

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TO EVERYTHING BAJA!

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WHERE NATURE MEETS
STRATEGY IN CABO
GOLF DESIGN

DISCOVER LEGACY CLUB:

A VISION FOR THE FUTURE

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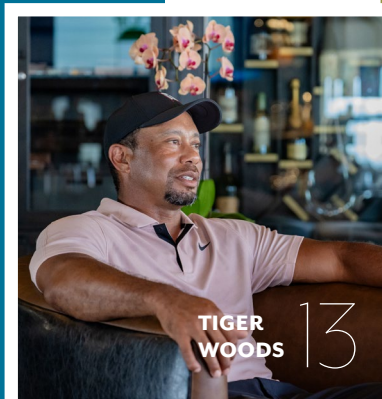
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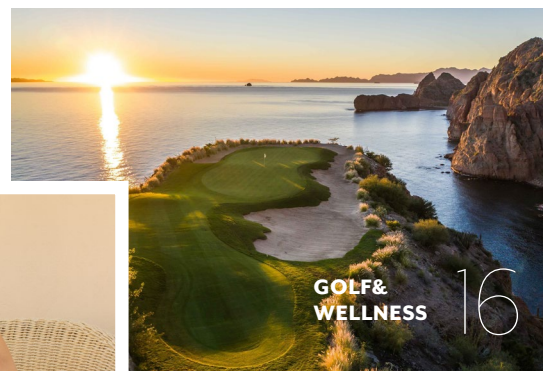
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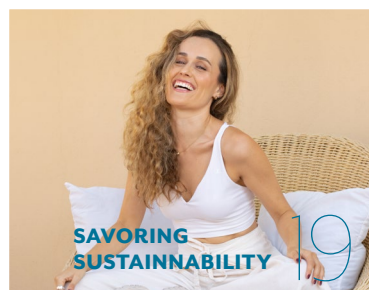
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LETTER FROM THE *EDITOR*

Dear readers,

As we step into the new year and embrace the wellness edition of Destino Magazine, I'm reminded of why Baja California Sur is so much more than just a destination—it's a way of life. This beautiful region, with its breathtaking landscapes and vibrant community, inspires stories of connection, transformation, and discovery that we are privileged to share with you.

This issue explores the powerful connection between golf and wellness. From the meditative moments on the greens to the iconic beauty of courses like El Cardonal and Legacy Club at Diamante, designed by Tiger Woods, golf in Los Cabos exemplifies mindfulness and relaxation. Tiger shares his vision behind these designs, the challenges of working in Cabo's unique landscape, and his deep appreciation for the culture and people of this special place.



Our section, The Baja Bubble, continues to highlight residents who've made Baja their home and ventured into entrepreneurship. This month, we spotlight Carly Hamilton, who went from Sydney's beaches to Canada before settling in Cabo to build a thriving fitness community. Her inspiring story reflects the possibilities this region offers for those dreaming of living and creating here.

In addition, this edition features exceptional contributors who beautifully reflect the richness and diversity of the area. Fiona Barfoot, an expat from Canada, shares her insights into self-care in Cabo, from farm-to-table dining to yoga and cultural immersion. Tanya Gosselin, a La Paz native, writes about clean eating and sustainability, highlighting the connection between food, community, and the environment. Their perspectives capture the heart of Baja California Sur as a haven for wellness.

This issue also marks the beginning of our exciting new series, The Best of Cabo. From hidden beaches to must-try restaurants and local events, this series is designed to guide you to the very best our region has to offer. If you have a favorite spot or a story to share, please reach out—I love hearing from our readers and celebrating the experiences that make this area so special.

Finally, we're thrilled to welcome Mario Polanco, originally from Los Angeles, California, as our new Sales Manager. His energy and vision are a fantastic addition to the Destino team, and we're excited for the journey ahead.

At Destino Magazine, storytelling is at the core of everything we do. Follow our stories and discover more about Baja California Sur on all our digital platforms and visit www.destinoloscabos.com to stay connected. If you have a story to share, I'd love to hear from you—please feel free to contact me at dana@destinoloscabos.com.

Thank you for letting us be part of your journey and for sharing your love of this extraordinary region with us. Here's to a year of wellness, adventure, and uncovering the magic of Baja California Sur together.

Cheers,
DANA GIMENEZ
Editor in Chief

 @askdanatv

Villa del Palmar
at the Islands of Loreto
BY DANZANTE BAY



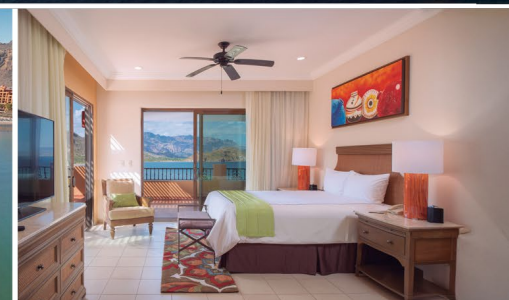
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PLAYA BALANDRA

Balandra Beach is a stunning bay in La Paz that will take your breath away. The white powder-like sand and shallow water create dreamy turquoise colors that delight the eye as far as you can see. It is a kayaker's paradise; not only can you cruise to the reefs across the bay for an unforgettable snorkeling experience, but you can also explore the mangroves on the left side of the bay. The water is very shallow in most of the bay, so you can also simply walk around and explore by foot.

LOCATION: About two hours from Cabo San Lucas. We recommend entering it into your phone or car's GPS for directions.

TIPS: Try to shuffle your feet in the sand while in the water because many stingrays call this bay their home (lucky guys!) and the shuffling sends them away.



PLAYA CERRITOS

Ocean side of Los Cabos. Cerritos Beach is usually a few degrees cooler than the Cabo San Lucas and San José del Cabo beaches, the sand is finer and darker in color, and it might remind you of a Southern California beach. It's a popular surf spot and you can rent a boogie board or surf board and even take a surf lesson as there are a few surf schools on the beach.

LOCATION: Head north for about 45 minutes on HWY 19 from Cabo San Lucas towards Todos Santos and exit at km. 66. Watch the markers and look for the signs.

TIPS: Come prepared with food, drinks and beach gear. The ocean currents are strong and the waves can be powerful, so please swim with caution. Visit the charming town of Todos Santos before or after your Cerritos beach day.



PLAYA CHILENO

This is a great beach for swimming due to its calm waters, and its beautiful reefs offer excellent snorkeling and scuba diving. Public restrooms and showers are available, as well as a handicap ramp that takes you right to the beach.

LOCATION: Follow the signs for PLAYA EL CHILENO near Km. 14 of HWY 1.

TIPS: Snorkeling visibility is often better in the early mornings and you'll avoid the mid-day snorkel tours. Bring snorkeling gear and shade!



PLAYA MÉDANO

This swimmable and family friendly beach has numerous activities and water sports available, such as jet skis, parasailing, flyboarding, stand-up paddling, and more. The stunning view of Land's End and the vast entertainment options make this beach a must-see.

LOCATION: In the heart of downtown Cabo San Lucas.

TIPS: Be prepared to be approached by a lot of souvenir vendors. If you're not there for the shopping, just respond with "No gracias."

THE ULTIMATE BEACH



PLAYA DEL AMOR

Known to visitors as Lover's Beach, this beautiful staple of Cabo San Lucas is only reachable by boat, kayak or any other water vessel. The easiest way to get there is to take a water taxi from the Cabo San Lucas Marina or from Medano Beach. On the other side of the rocks you'll find yourself looking at the Pacific Ocean where it's very dangerous to swim.

LOCATION: Land's End beside the famous Cabo San Lucas arch.

TIPS: You won't find any services. Walk along the Marina or Medano Beach to find a water taxi.



PLAYA SANTA MARIA

Santa Maria Beach is a stunning horseshoe cove with unique coarse coral colored sand and abundant marine life. Arrive early to beat the tour boats if you're planning on Snorkeling. Palapas are available for some much needed shade, so arrive early in order to get one before they are all taken.

LOCATION: Follow the signs which read PLAYA SANTA MARIA and exit at Km. 13 of HWY 1. Follow the dirt road until you reach the parking area.

TIPS: Swim from the shore towards the rocks on the right or left side of the beach for a great snorkeling experience. Bring snorkeling gear!



PLAYA PALMILLA

Palmilla Beach is known for its family friendly calm waters and mile-long stretch of beach. You will find yourself surrounded by ocean-front luxury homes and the exclusive One&Only Hotel. You won't find water sport rentals such as kayaks or jet skis. The beach area on the left is roped off with buoys for safe swimming, and the area on the right has tide pools and rocks that you can explore.

LOCATION: Take the PALMILLA ramp exit at km. 27 and turn into the residential community (towards the ocean). You will wind down until you arrive to the beach entrance located on the left side, in front of the Del Mar community gate. If you reach the One&Only Hotel you have gone too far.

TIPS: Palmilla Beach is popular among local families on the weekends, so arrive early if you want a palapa.



PLAYA VIUDAS

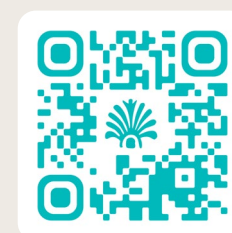
Near Cabo San Lucas lies this place of peace and beauty, walking across the shore you'll find rock formations that create a spectacle as the waves break on them. Even if this makes for a less than ideal place to swim, it creates an atmosphere of magic and relaxation that makes you want to stay the whole day.

LOCATION: Playa Las Viudas is located at km 11.5 along the Tourist Corridor and is accessed by a dirt road that continues for just under a half-mile toward the ocean.

TIPS: Las Viudas is a small beach and doesn't have many amenities so make sure to arrive early and prepare everything you may need.

GUIDE

SCAN THIS TO
EXPLORE THESE
MUST-SEE BEACHES



The Baja Bubble

FROM SYDNEY SHORES TO BAJA BLISS: THE INSPIRATIONAL JOURNEY OF CARLY HAMILTON

In the sunlit paradise of Baja California Sur, Carly Hamilton is redefining fitness and community. Originally from Australia and now the proud owner of Cabo CrossFit, Carly's journey embodies transformation, resilience, and the pursuit of balanced wellness. Located in the heart of Cabo San Lucas, her gym has become a sanctuary for fitness enthusiasts of all levels.

A Path Rooted in Fitness

Carly's passion for fitness blossomed in Sydney, where her school years were marked by athletic excellence, including representing Australia's Under-16 soccer team. Despite this early promise, her professional trajectory led her away from sports, exploring life across the UK, the US, and Canada.

In Vancouver, Carly rekindled her love for fitness, becoming a certified personal trainer and managing a franchise studio. "I've always been passionate about wellness—mental and physical—and building a sense of community," Carly reflects. Her philosophy embraces a holistic view of health, blending physical activity, mental well-being, and nutrition.

Falling for Cabo's Magic

Three years ago, Carly visited Cabo on vacation, only to find herself enchanted by its charm. "The beaches reminded me of home," she shares, recalling how the ocean reconnected her with her roots. Beyond the scenery, it was the warmth of the local community that won her over.

"The sense of support here is unparalleled," Carly says. The cultural harmony between Australians and Mexicans eased her transition, making Cabo feel like home. When the opportunity arose to acquire Cabo CrossFit, she embraced it, driven by a vision to create a space where people could find both strength and belonging.

A Community of Strength and Belonging

Under Carly's leadership, Cabo CrossFit has evolved into a haven for individuals of all ages and fitness levels. Trainers with decades of experience ensure that every visitor receives personalized guidance. "The hardest part is showing up," Carly admits. "Once you're here, we make it fun so you'll want to come back."

Inclusivity is central to Cabo CrossFit. From moms with their babies to pet owners with furry companions, everyone is welcomed. Carly's goal is clear: to make fitness accessible and enjoyable for all.

A Holistic Mission

Carly's personal journey with celiac disease underscores her commitment to wellness beyond physical fitness. She advocates for clean eating and mental resilience, fostering a community that supports holistic well-being.

"The community here is like no other," she says. "People walk in as strangers and leave as family." This ethos of connection and care defines Carly's leadership, making Cabo CrossFit a pillar of the local fitness scene.

Words to Live By

For anyone dreaming of a new start in Baja, Carly offers simple advice: "Take the leap. Trust the community and embrace the culture." Her story is a testament to the transformative power of passion, risk-taking, and human connection.

Cabo CrossFit: Your Fitness Community

Cabo CrossFit offers a range of services, from group classes to nutrition coaching. Carly's vision ensures that every step of your fitness journey is both effective and enjoyable. For more, visit CaboCrossFit.com. "Find what works for you and stick with it." ❄️



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USEFUL INFORMATION

Los Cabos is a vibrant paradise with stunning beaches, lively towns, and a rich cultural vibe that attracts travelers from around the world. While it's generally a safe destination, being prepared for unexpected situations is essential. This guide offers practical advice, emergency contacts, and tips to ensure you enjoy your visit safely and responsibly.

WHAT TO DO IN AN EMERGENCY

If an emergency occurs, follow these key steps:

1. **Stay Calm:** Take a deep breath to think clearly.
2. **Call 911:** It works the same as in the U.S. and Canada.
3. **Contact Your Accommodation:** Your hotel can provide support and guidance.
4. **Follow Local Instructions:** Listen to authorities and first responders.
5. **Keep Important Info Handy:** Know your hotel's name, address, and phone number.
6. **Be Aware of Medical Facilities:** Identify nearby hospitals and clinics in advance.
7. **Check Your Travel Insurance:** Ensure you're covered for medical emergencies.

EMERGENCY CONTACTS

Save these numbers on your phone before arriving:

- **Emergency (Police, Fire, Ambulance):** 911
- **U.S. Consulate:**
 - Location: Carretera Transpeninsular Km 27.5, Local B221, Palmilla, San José del Cabo.
 - Phone (local): 624-143-3566 | +52 624-143-3566 (from abroad)
 - Email: ConAgencyLosCabos@state.gov
- **Canadian Consulate:**
 - Location: San José del Cabo-Cabo San Lucas 12, Cabo San Lucas.
 - Phone (local): 624-142-4333 | +52 624-142-4333 (from abroad)
 - Email: lcabo@international.gc.ca
- **Red Cross:**
 - 065 or 624-143-3300 | +52 624-143-3300 (from abroad)
- **CATAC (Tourist Assistance Center):** This center provides help to travelers in emergency or safety-related situations.
 - Phone (local): 624-105-0551 | +52 624-105-0551 (from abroad)

MONEY HANDLING AND TIPPING

- **Currency:** U.S. dollars are widely accepted, but change is often given in pesos.
- **Best Exchange Rates:** Use ATMs at banks like Banorte or Santander.
- **Tipping Practices:**
 - Restaurants: 10-15% of the bill.
 - Hotels: Tip housekeeping, bellhops, and concierge staff.
 - Tour Guides and Drivers: Show appreciation for good service.

TRANSPORTATION SAFETY

Getting around in Los Cabos is straightforward, but keep these tips in mind:

- **Transportation Options:** Taxis, ride-sharing services, and buses are available.
- **Renting a Car:** U.S., Canadian, and international driver's licenses are accepted.
- **Driving Safely:** Watch out for unmarked speed bumps (topes) and potholes.
- **Toll Roads:** They are faster with less traffic and connect major areas.
- **Gas Stations:** Fuel is pumped for you; tipping the attendant is customary.

STAYING CONNECTED

Public Wi-Fi is limited. To stay connected, consider purchasing a local SIM card at convenience stores. Make sure your phone is unlocked before traveling to avoid compatibility issues.



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BAJA 101

Cabo is not only a popular vacation destination for adventure seekers and party-goers but also a hidden haven for those seeking rest, rejuvenation, and holistic well-being. With its breathtaking landscapes, luxury resorts, and a variety of wellness experiences, Cabo is an ideal place to indulge in self-care. Whether you're looking to unwind, recharge, or find inner peace, the possibilities are endless.



5 F A Q S

by Fiona Barfoot

SCAN THIS CODE
TO LEARN MORE



1. RECONNECT WITH NATURE

The natural beauty of Cabo is one of the most restorative aspects of the destination. Here are a few ways to reconnect with nature in Cabo:

Sunset Cruises: Experience the stunning coastline from the water while watching the sun dip below the horizon. Whale and wildlife watching connects you back to nature.

Beachside Relaxation: Spend the day lounging on the serene shores, with the sound of the waves, the soft sand, and the warm sun provide the perfect setting for quiet reflection or a good book.

Hiking and Outdoor Exploration: Explore the desert landscape surrounding Cabo. Scenic hikes, like those at the Sierra de la Laguna Mountains or along the coastline, allow you to disconnect from everyday stress while enjoying the beauty of the region.

2. SPA AND WELLNESS RETREATS

Cabo is home to some of the best luxury resorts in the world, and many of them offer world-class spa services designed to rejuvenate both body and mind. A spa day in Cabo is more than just a treat—it's an essential part of any self-care routine.

Beach side massage: From high end spa, to a \$20 foot massage in the sand, you can't beat a good massage to relax your body and mind.

Yoga and Meditation: Several resorts and wellness centers offer daily yoga sessions, guided meditation, and mindfulness workshops. These practices help center the mind and bring about a deep sense of calm.

3. NOURISHING THE BODY

Self-care in Cabo can all mean nourishing yourself with healthy, local cuisine.

Farm-to-Table Dining: Cabo has a growing food scene focused on organic, farm-to-table dishes. Many restaurants offer meals made from locally grown produce, often paired with fresh seafood.

Fresh Juices and Smoothies: Many cafes in Cabo specialize in fresh juices, smoothies, and detoxifying drinks. Try a local green juice or coconut water, or opt for a smoothie made with tropical fruits like mango, pineapple, and papaya.

4. WELLNESS ACTIVITIES AND EXPERIENCES

Self-care isn't just about rest and relaxation; it's also about engaging in activities that nourish your soul and challenge you in a positive way. Cabo offers many opportunities for both.

- **Stand-Up Paddleboarding (SUP):** For a more active self-care experience, try paddleboarding in the calm waters of Cabo. SUP is a great way to connect with nature while providing a full-body workout and helping you improve your balance and mental focus.
- **Golf and Outdoor Sports:** Cabo is renowned for its stunning golf courses, many of which offer breathtaking views of the ocean. If you enjoy golf, this is a great way to get outside and unwind. Additionally, Cabo's beaches and clear waters provide excellent opportunities for water sports like snorkeling, kayaking, or even whale watching.
- **Cultural Immersion:** Engaging with local culture is an essential aspect of self-care. Spend time visiting the town's art galleries, local markets, or attending a cultural event, like a traditional Baja folk dance performance. Experiencing the local culture can be a source of inspiration and relaxation.

5. IN CONCLUSION, Cabo is much more than just a destination for sun, sea, and sand—it's a sanctuary where you can prioritize your well-being. Whether you're relaxing on the beach, indulging in a luxurious spa treatment, savoring fresh, organic meals, or engaging in mindfulness practices, Cabo offers endless opportunities for self-care. 🌿



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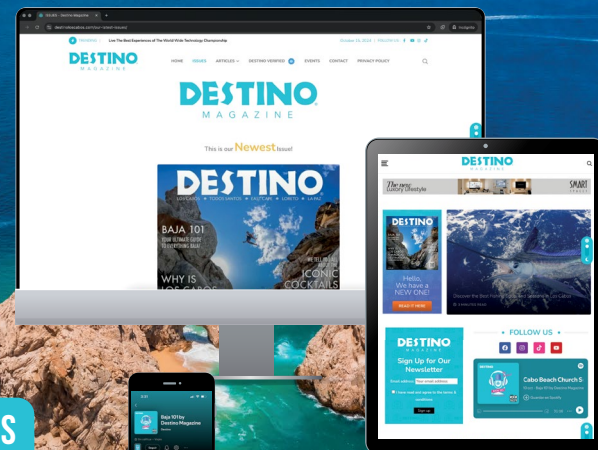
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DISCOVER OCEANSIDE REAL ESTATE GROUP:

Redefining Luxury Real Estate in Los Cabos

Los Cabos is more than just a destination. For many, it's a place where life slows down, where the sea meets the desert and where a community forms around shared appreciation for its natural beauty. For Dennis and Renee Fleming of Oceanside Real Estate Group, this isn't just a place to work—it's home. Over the years, they've become familiar faces in the region, helping people find not just houses, but spaces where their own stories can unfold.

Since its founding in 2017, Oceanside Real Estate Group has stood out by offering a deeply personal approach to real estate. Established with the vision of setting new standards and delivering the ultimate luxury real estate experience in Los Cabos, the group prioritizes honesty, integrity, and excellence. "Our team is committed to building genuine partnerships with our clients, treating their goals as if they were our own," Renee shares. With over \$500 million USD in transactions, Dennis and Renee have earned a reputation for trust and expertise in the Los Cabos market, blending cutting-edge marketing strategies, in-depth local knowledge, and a seamless cross-border transaction process.

MEET DENNIS AND RENEE FLEMING

Dennis and Renee bring complementary skills and over two decades of experience to Oceanside Real Estate Group. Dennis arrived in Los Cabos in 2008, drawn by the region's beauty and opportunities. His real estate journey began in the luxury community of Encanto de la Laguna, where he honed his meticulous approach. "Assume nothing and double-check everything," Dennis says, a philosophy that reflects his dedication to providing an exceptional client experience. His calm and methodical demeanor has earned him trust and respect across the community.



Renee, meanwhile, brings a wealth of experience in luxury real estate, with 22 years of experience and holding licenses in both the U.S. and Mexico. Renee began her Cabo career managing and selling out the prestigious Hacienda Beach Club & Residences in Cabo, solidifying her reputation as a standout professional in the industry. Renee's client-first philosophy, combined with her deep market knowledge, ensures every transaction is seamless and personalized. In 2024, her accomplishments earned her a spot among the "Top 20 Most Influential Women in Real Estate," while Oceanside Real Estate Group gained recognition as a top brokerage in Mexico.

Dennis and Renee are more than real estate professionals—they are active members of the Los Cabos community. As parents raising four children here, they understand the unique charm

and challenges of life in Baja. Their commitment to giving back is evident in their support of impactful local initiatives like Fundación Corazón de Niño, which funds life-saving surgeries for children, and Los Cabos Children's Foundation, an organization that is building a new children's hospital while providing support to thousands of families in need.

Their passion for the arts is equally inspiring. Through their gallery, Galería 1505, located in the San José Art District, Dennis and Renee celebrate Baja California Sur's vibrant culture, showcasing local talent and preserving the region's creative heritage. "The artists truly inspire us," Dennis says, recalling his introduction to the art scene during his time at Encanto de la Laguna. The gallery embodies their belief in elevating and supporting the local community.

The Flemings' vision extends beyond buying and selling properties. They co-founded Arch Cabo Luxury Rentals, a premier property management company that offers tailored services for homeowners and guests alike. Their ability to balance multiple ventures reflects their commitment to creating meaningful connections and fostering a community-oriented lifestyle in Los Cabos.

At Oceanside Real Estate Group, the mission goes beyond transactions. Dennis and Renee's team works tirelessly to uncover the potential in every property while focusing on their clients' unique aspirations. "Everyone comes to Los Cabos for different reasons," Dennis explains. "Our role is to listen, learn what matters most, and help make that vision a reality." Whether it's a beachfront villa, an investment opportunity, or a family retreat, Oceanside Real Estate Group offers personalized solutions designed to exceed expectations.

Renee adds, "Building strong relationships and truly understanding clients' needs are essential for helping them achieve their goals." Their client-centric approach focuses on creating meaningful paired with unmatched local insight, ensures that every step of the process is clear, professional, and rewarding.

Oceanside Real Estate Group's dedication to their craft and community sets them apart. By combining expertise with genuine care, they've earned a reputation for delivering results with heart. If you're looking to make Los Cabos your home—or your next investment—Dennis and Renee Fleming and their team are ready to guide you every step of the way. Discover the difference with Oceanside Real Estate Group and let them turn your vision of luxury living in Los Cabos into reality.



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The Best of Cabo: Discover Wellness the Local Way

Los Cabos is not just a destination—it's a lifestyle that effortlessly combines natural beauty with a vibrant focus on wellness. Whether you're a visitor or a local, wellness here is part of every moment. These suggestions, inspired by favorite experiences among locals, invite you to connect deeply with the energy of Los Cabos, proudly kicking off The Best of Cabo series.

Start your day with a peaceful walk along El Médano Beach, where the golden sand and gentle waves set a soothing tone for the day. For a quieter retreat, Palmilla Beach is perfect for yoga or a morning jog, while Chileno Beach offers crystalline waters ideal for swimming or snorkeling. These Blue Flag-certified beaches

reflect the region's commitment to sustainability and quality, making them cherished by both locals and visitors.

Wellness flows naturally at Puerto Paraíso, where **Yoga Zantory** offers free classes for all levels. Joining a group session or booking a private class is the perfect way to align your body and mind while soaking in the unique energy of Los Cabos. For fitness enthusiasts, **Cabo CrossFit**, located in downtown Cabo San Lucas, provides a welcoming community and an excellent way to stay on track with your fitness goals.

For those seeking a deeper connection with nature, the trails of Los Cabos are a must. **Punta Lobos**, near Todos Santos, features breathtaking views of the Pacific along pathways steeped in history. In the Sierra de la Laguna, the **Santa Rita Canyon** captivates visitors with lush landscapes and natural pools, while **Cabo Pulmo**, a UNESCO World Heritage Site, invites hikers and snorkelers alike to explore its combination of marine life and rugged beauty. These outdoor adventures are beloved by locals who cherish their region's natural treasures.

For a more intimate dining experience, **Private Chef Los Cabos**, led by Chef Lisandro Silva, creates personalized menus with premium ingredients, including free-range, hormone-free chickens raised on his own farm. Beloved by locals and increasingly popular among visiting celebrities, his thoughtfully crafted cuisine reflects the region's dedication to wellness and the art of savoring exceptional flavors in the comfort of your own home.

Relaxation is deeply woven into the fabric of Los Cabos. At **Gypsy Soul House**, you'll find treatments designed to relax, restore, and rejuvenate in a serene atmosphere. Beachfront massages at **Sand Bar** on Médano Beach pair beautifully with the soothing rhythm of the waves, while the **Desert Spa** at Villa del Palmar offers therapies inspired by Baja California's natural beauty. For those seeking an advanced approach to skincare, **Skin Wellness**, led by Dr. Griselda Izabal Wong in Cabo and La Paz, blends cutting-edge technology with personalized care, leaving clients refreshed and revitalized.

Sustainable beauty also takes center stage in Los Cabos. **Pura**, a salon near Cabo Bello, is dedicated to eco-friendly practices and sustainable products, striking the perfect balance between style and environmental consciousness. At **California Ranch Market**, with locations at The Shoppes at Palmilla and near Pedregal in Cabo San Lucas, you'll discover a curated selection of organic products that complement a wellness-focused lifestyle.

The sense of community in Los Cabos adds a unique dimension to wellness. At the **San José Organic Market**, you'll meet local producers passionate about sustainability and quality. Organizations like **Sarahuaro** and **Pet Los Cabos** foster care and connection, reminding us that wellness extends beyond the individual to elevate the entire community.

Wellness in Los Cabos is more than just a collection of activities—it's a shared way of life that blends local traditions, natural beauty, and meaningful connections. These recommendations highlight only a glimpse of what makes this region so special, offering countless opportunities to explore and embrace its heart and soul. To discover more trusted local businesses, visit our **Destino Verified Business Directory** at www.destinoloscabos.com, where you'll find the best that Los Cabos has to offer. 🌿



LOS CABOS IN DEPTH: YOUR QR GUIDE FOR SMART BUYING



TIGER WOODS

WHERE NATURE MEETS STRATEGY IN CABO GOLF DESIGN



AN EXCLUSIVE INTERVIEW BY DANA GIMENEZ,
EDITOR-IN-CHIEF OF DESTINO MAGAZINE

1 WHY DID YOU CHOOSE CABO SAN LUCAS AS THE LOCATION FOR DEVELOPING YOUR GOLF COURSES?

Having the chance to design multiple golf courses on such a great piece of land with spectacular views of the Pacific Ocean was a unique opportunity that I couldn't pass up.

2 COULD YOU SHARE YOUR INSIGHTS ON THE DESIGN OF THE EL CARDONAL GOLF COURSE AT DIAMANTE?

My vision for El Cardonal was inspired by the old West Coast golf courses that I grew up playing in southern California. I think people will see that in the finished golf course. With many lawn tees, wide landing areas, and lots of variation in green sizes, it has the feel of an older golf course.

3 WHAT UNIQUE CHALLENGES DID THE CABO LANDSCAPE PRESENT WHEN DESIGNING EL CARDONAL?

The biggest challenge presented by the Cabo landscape when designing multiple courses at Diamante is creating variation between the characters of the golf courses. We didn't want the three courses to look and play the same.

4 FROM YOUR PERSPECTIVE, WHICH HOLES ARE THE MOST CHALLENGING AT EL CARDONAL, AND HOW DOES STRATEGY COME INTO PLAY THROUGHOUT THE ROUND?

The El Cardonal holes that play uphill or into the wind tend to play the toughest. Holes 4, 8, and 15 in particular come to mind. They are great golf holes, but they're definitely not birdie holes.

5 AS A GOLFER KNOWN FOR YOUR METICULOUS COURSE MANAGEMENT AND INNOVATIVE SHOT-MAKING, WHAT UNIQUE ELEMENTS CAN WE EXPECT FROM YOUR DESIGN AT EL CARDONAL?

My goal was to incorporate strategic decision making into the design of El Cardonal. I want players to have to think their way around the course. We tried to use bunkers and other hazards not as a deterrent, but instead to force players to make decisions. There is also a significant advantage given to the player that can work the ball.

6 COULD YOU TELL US MORE ABOUT YOUR NEW GOLF COURSE AT DIAMANTE?

The Legacy Club at Diamante will be similar to El Cardonal in strategy and playability but will differ greatly in the look and feel of the course. While El Cardonal embraces the open, desert landscape, the lush vegetation of The Legacy Club will create a more secluded, garden feel.

7 WHAT INSPIRED YOU TO BUILD A THIRD COURSE AT DIAMANTE?

I have been coming to Diamante for more than a decade now. I love it here. I couldn't pass up an opportunity to spend more time here.

8 WHAT CAN TOP PLAYERS EXPECT WHEN THEY COME TO PLAY AT EL CARDONAL?

By design, we tried to make El Cardonal fun and playable for all golfers, regardless of their handicap. But from the back tee, particularly if the typical winds blow, it should be a good test for the Tour's top players.

9 AFTER SPENDING SO MUCH TIME IN LOS CABOS, WHAT CONTINUES TO CAPTIVATE YOU ABOUT THE REGION?

The best part about Cabo are the people. They are so welcoming and friendly. It's a special place.

10 DO YOU HAVE A FAVORITE MEXICAN DISH? IS THERE ANY FOOD YOU'VE COME TO LOVE DURING YOUR TIME IN MEXICO?

Chicken Fajitas.

DISCOVER LEGACY CLUB: A VISION FOR THE FUTURE

A home-away-from-home oasis synonymous with Diamante's unwavering commitment to excellence and service, Legacy Club's intimate community offers casual luxury for family and friends to gather, celebrate, and create memories for generations to come.

A DREAM SET IN MOTION

When Ken Jowdy first visited Cabo San Lucas, he saw more than pristine beaches and striking desert landscapes—he saw potential. It was a place where world-class golf and luxury living could meet in a way that had never been done before. This vision crystallized when an unexpected call from his broker informed him that a prime property was available. Without hesitation, Jowdy turned his car around, canceled his flight, and secured the deal with a handshake. From that moment, Diamante Cabo San Lucas was set on a transformative path that would later give rise to its crown jewel: Legacy Club.

Weekly tours of the property with its previous owner allowed Jowdy to connect deeply with the natural beauty and cultural essence of Cabo. These drives in a Jeep through rolling desert terrain left in him a love for the land that would inspire every element of Legacy Club. This passion project has since become the most significant and ambitious expansion within the private community of Diamante, embodying a legacy of connection, elegance, and community.

CABO'S RISE AS A GLOBAL GOLF DESTINATION

What was once a hidden gem on the Baja Peninsula has grown into one of the world's most renowned golf destinations. Cabo San Lucas now hosts the World Wide Technology Championship, a prestigious PGA TOUR event that highlights the region's draw for elite players and discerning travelers. Diamante's role in this evolution cannot be overstated.

With legendary designers like Davis Love III and Tiger Woods shaping the courses, Diamante has become synonymous with excellence in golf. Two of these courses—El Cardonal and Oasis Short Course—are already beloved by members and visitors alike.

Now, Legacy Club's championship course, designed by Tiger Woods' TGR Design team, is set to elevate Cabo's status even further. This new course is more than just a golf experience; it's a statement of intent, positioning Cabo as an essential stop on the global golf scene.

A COMMUNITY BUILT ON CONNECTION

Unlike other exclusive golf communities, Legacy Club is driven by a deeper mission—to create a legacy that can be shared by generations. Limited to just 250 invitation-only memberships, Legacy Club fosters an atmosphere of intimacy and belonging. At the heart of this concept is the vertical membership model, allowing privileges to extend to family members, ensuring that the benefits of membership are enjoyed by all generations of a family.

Legacy Club's residential offerings cater to a variety of lifestyles. From the expansive Legacy Founders Estates to the exclusive Legacy Villas and Highlands, each residence is thoughtfully designed to bring family and friends together. Casual elegance defines these spaces, providing the perfect backdrop for relaxation and meaningful moments. This is not just a place to live—it's a place where family stories are told and traditions are born.



DIAMANTE & TIGER WOOD: THE POWER OF PARTNERSHIP

Ken Jowdy's partnership with Tiger Woods and his TGR Design team reflects a shared pursuit of excellence. Together, they've created not just golf courses but immersive lifestyle experiences. With The Dunes Course, El Cardonal and Oasis Short Course already completed, their collaboration is now culminating in Legacy Club's new championship course—a course that represents strategy, beauty, and playability for all skill levels.

The bond between Jowdy and Woods is a study in shared values. Both men understand that greatness requires meticulous planning, tireless effort, and a willingness to reimagine what's possible. This shared commitment has also given rise to The Woods Cabo, an upscale dining experience that marries the culinary excellence of The Woods Jupiter with the natural splendor of Cabo's coastal charm.

THE WOODS CABO RESTAURANT: A CULINARY EXPERIENCE LIKE NO OTHER

The Woods Cabo, immersed within the breathtaking backdrop of the El Cardonal golf course and the Pacific Ocean, invites guests to savor a farm-to-table dining experience like no other. Here, gourmet cuisine and authentic Baja flavors come together with Mediterranean-inspired flair. Helmed by Chef Larbi Dahrouch, the menu is a celebration of fresh, locally sourced ingredients that transform each dish into a work of art.

Signature dishes range from expertly prepared sushi to premium cuts of meat, authentic wood-fired pizzas, and desserts crafted from the region's sweetest fruits. This is more than just a restaurant—it's a sensory experience that embodies the warmth, elegance, and hospitality of the Legacy Club. Open to the public, The Woods Cabo welcomes all to immerse themselves in its unforgettable culinary journey.

A GOLF COURSE DESIGNED TO INSPIRE

At the heart of the Legacy Club experience is Tiger Woods' newly designed championship course—a lush oasis found within the arid desert landscape. Unlike any course before it, this masterpiece is designed to challenge seasoned pros while remaining enjoyable for everyday golfers.

The course's lush greenery, rolling hills, and dramatic terrain offer players an unforgettable experience. Five lakes and four streams weave their way through the landscape, creating an interconnected network of flowing water that adds to the visual and auditory beauty of the course. A large waterfall at hole 17 serves as a stunning backdrop, while elevated points offer sweeping views of the Pacific Ocean. It's a course that not only tests a player's skill but also immerses them in nature's splendor.

This course is also a triumph of sustainability. As Cabo's first course to feature Zoysia grass on its fairways, it enjoys high pest and disease resistance while requiring less water and fewer pesticides. The result is a course that's as environmentally conscious as it is visually stunning.

LEADERS WHO SET THE STANDARD

Behind the excellence of Legacy Club's design and operations are industry veterans whose expertise is unmatched. At the forefront is Michael Abbott, Vice President of Operations for Legacy Club. With a career spanning over four decades, Abbott's leadership has been pivotal in creating some of the most celebrated golf environments in the world. His previous experience with Bluejack National—another Tiger Woods-designed course—cements his role as a key figure in realizing Legacy Club's full potential.

Adding depth to the leadership team is Neil Cleverly, the club's Superintendent. With 33 years of experience in golf course construction and management, including his role as construction superintendent for the 2016 Rio Olympic Golf Course, Cleverly's attention to detail and sustainability practices are evident in every blade of grass. His efforts ensure that the course remains pristine while harmonizing with the natural environment of Cabo.



A LEGACY FOR GENERATIONS TO COME

Legacy Club is more than just a golf community—it's a place where family traditions are created and cherished. It's a home away from home, where luxury is effortless, and connections are strengthened. Guided by Ken Jowdy's vision and supported by the excellence of Tiger Woods' TGR Design team, Legacy Club has redefined what it means to belong to a community.

Here, families come together to create memories, celebrate milestones, and find peace in the natural beauty of Cabo San Lucas. As the community grows, its members become part of a living legacy—a legacy defined not just by luxury but by shared moments and enduring traditions.

For more information on how to become part of Legacy Club, visit their website at

WWW.LEGACYCLUB.COM



Tienda 17

A CONSIGNMENT STORE



Golf and Wellness:

The Perfect Pair

When people think of wellness, golf may not be the first activity that comes to mind. But in reality, golf offers a holistic wellness experience, especially when played amidst the natural beauty of this stunning peninsula. Unlike spas or yoga studios, golf courses immerse players in nature—and few places do this better. Here, golfers play on lush, emerald-green fairways that blend seamlessly into striking mountain-desert-ocean landscapes, creating a sense of tranquility and awe.

The unique topography of the region—where foothills covered in cacti meet dramatic granite cliffs and the turquoise sea—is more than a scenic backdrop. It's a wellness haven. Players aren't just chasing a ball; they're connecting with nature. This connection, combined with 340 days of sunshine, low humidity, and ocean breezes, offers a calming, restorative experience. For those able to shift focus from performance to presence, a round of golf can feel like a moving meditation.

Golf is much more than a game—it's an opportunity to practice mindfulness. Each shot requires full concentration, encouraging players to leave behind distractions. Controlled breathing, mental focus, and connection with the


present moment transform every round into an active form of meditation. This approach not only enhances performance but also helps reduce stress and promote tranquility.

One of the crown jewels of the area is TPC Danzante Bay, located in Loreto. Designed by the renowned Rees Jones, its breathtaking 17th hole, perched high above the Sea of Cortez, is considered one of the most iconic in the world. The dramatic interplay of desert landscapes, rugged mountains, and azure waters creates a backdrop that elevates every round to an unforgettable experience.

Another gem is Quivira Golf Club, a masterpiece by Jack Nicklaus. With stunning cliffs, ocean vistas, and impeccable fairways, it offers a golfing experience like no other. Playing here during whale season is magical, as sightings of these majestic creatures breaching offshore add a unique touch to the game.

Several courses in the area are open to the public, making golf accessible to more players. Cabo Real Golf Club, with its oceanfront holes and challenging fairways, is a favorite for locals and visitors alike. Vidanta Golf Los Cabos offers a relaxed experience for those new to the sport or looking for a more casual round. El Cardonal at Diamante, designed by Tiger Woods, combines rugged desert terrain with stunning ocean views, adding variety to the region's offerings.

Golf here goes beyond the game itself. Endless sunshine delivers healthy doses of vitamin D, while fresh ocean breezes and calming natural sounds promote both physical and mental well-being. Walking the greens provides light exercise, and the camaraderie of the sport fosters meaningful connections with friends and family. Whether it's the mindfulness developed before a swing, the joy of seeing whales at Quivira, or the sheer beauty of TPC Danzante Bay, golf in this region is more than a round of 18 holes—it's a celebration of life's simple pleasures.

If you're seeking a sport that challenges your skills and nurtures your well-being, the courses here are waiting for you. With world-class designs, awe-inspiring views, and a wellness-focused experience, they offer something for everyone. Pick up your clubs, soak in the sunshine, and be inspired by a game that connects you with nature and the best version of yourself. The greens are calling—answer them, and discover where golf and wellness unite in perfect harmony. 



SCAN TO GET DIRECTIONS!





REMEXICO

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MLS #23-4222
BEDS | DORMITORIOS: 2
BATHS | BAÑOS: 2
176.01 M2 | 1,893.87 AC SQFT
\$590,000 USD | \$11,929,800 MXN*



ESTERO DOWNTOWN

SAN JOSÉ DEL CABO
87.32 M² | 940.33 SQFT²

- DOWNTOWN VIEW | VISTA AL CENTRO
- BEDROOMS | RECÁMARAS: 2
- BATHROOMS | BAÑOS: 2
- TERRACE
- POOL | ALBERCA
- BBQ AREA
- PET FRIENDLY

LAST UNIT AVAILABLE

\$360,000 USD

\$ 7,279,200 MXN*

MLS #24-1566



SOLEADO SAN JOSE DEL CABO



BEACHFRONT

MLS #24-4370 | SOLEADO 222
BEDS | DORMITORIOS: 3
BATHS | BAÑOS: 2
140 M² | 1,506.40 AC SQFT
\$970,000 USD | \$19,613,400 MXN*



CUMBRE DEL TEZAL



MLS #24-4302 | 3 BED | 3.5 BATH
190 TOTAL M2 | 1,721.60 AC SQFT
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LOS CABOS BAJA CALIFORNIA SUR



SCAN TO WATCH VIDEO

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CONVERSIÓN A PESOS SUJETA A CAMBIOS. LA INFORMACIÓN MOSTRADA EN PESOS SE BASA ÚNICAMENTE EN LA CONVERSIÓN OFICIAL EN LA FECHA EN QUE SE ENVIÓ ESTE ANUNCIO. EL PRECIO OFRECIDO ESTÁ EN DÓLARES (MONEDA ESTADOUNIDENSE) Y DE ACUERDO CON EL ARTÍCULO 8 DE LA LEY MONETARIA, EL PRECIO REAL SERÁ EL DE PESOS RESULTANTE DEL TIPO DE CAMBIO OFICIAL EN LA FECHA DE VENCIMIENTO DEL PAGO. DE ACUERDO CON LA NOM 247, LOS PRECIOS MOSTRADOS EN DÓLARES PUEDEN SER CONVERTIDOS A PESOS ACCEDIENDO AL SIGUIENTE ENLACE Y REALIZANDO LA CORRESPONDIENTE MULTIPLICACIÓN ARITMÉTICA SEGÚN EL TIPO DE CAMBIO ACTUAL: [HTTPS://WWW.BANXICO.ORG.MX/TIPOCAMB/MAIN.DO?PAGE=tip&idioma=sp](https://www.banxico.org.mx/tipocamb/main.do?page=tip&idioma=sp) *PRECIOS SUJETOS A CAMBIOS.

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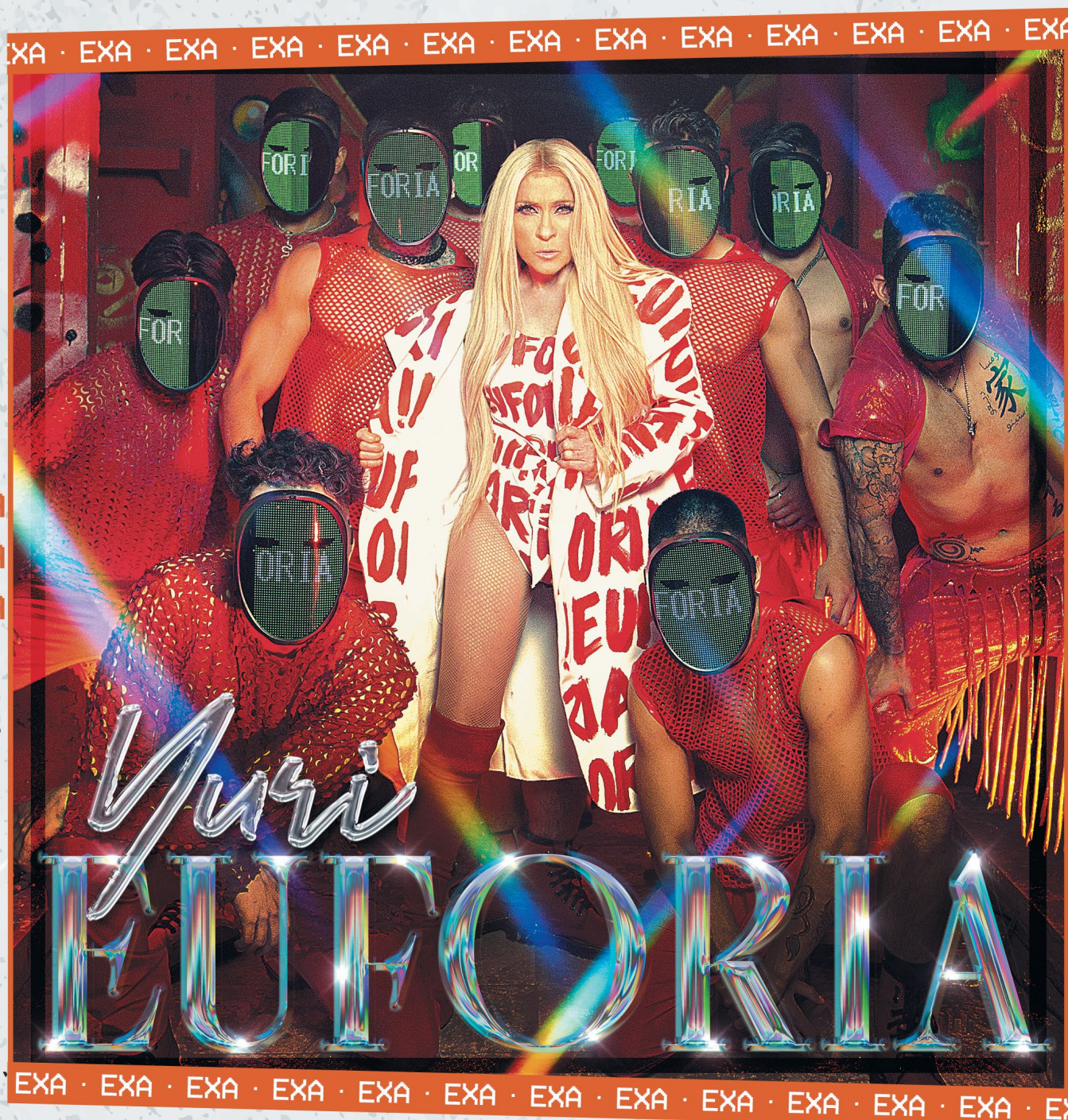


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SAVORING SUSTAINABILITY: Clean Eating in Baja California Sur

Clean eating in Baja California Sur isn't just a trend—it's a way of life grounded in sustainability, wellness, and respect for nature. The region's vibrant culinary scene reflects this commitment, offering fresh, local, and sustainably sourced foods that nourish both body and environment. From organic farming to ethical fishing, Baja provides an ideal setting for embracing clean eating while celebrating its rich flavors.

◆ WHAT IS CLEAN EATING?

Clean eating emphasizes whole, unprocessed foods free from artificial additives. It celebrates simplicity, focusing on fresh fruits, vegetables, lean proteins, whole grains, and natural fats. Baja California Sur, with its agricultural abundance and strong cultural traditions, is a perfect match for this lifestyle. Seasonal, locally sourced ingredients make clean eating not just a choice but a natural extension of Baja's culinary heritage.

◆ THE SUSTAINABILITY CONNECTION

Clean eating and sustainability go hand in hand. Choosing organic produce, grass-fed meats, and sustainably caught seafood benefits personal health while supporting practices that protect the environment. Organic farming avoids synthetic chemicals, preserves soil health, and encourages biodiversity through composting, crop rotation, and natural pest control. Grass-fed and free-range methods promote humane animal treatment while producing nutrient-rich foods high in omega-3 fatty acids and antioxidants.

Baja's community-supported agriculture (CSA) programs connect residents and visitors to fresh, locally grown produce. By subscribing to CSA boxes, people support small-scale farmers, enjoy seasonal foods, and reduce the environmental impact of long-distance transportation.

◆ FARMERS' MARKETS: A CLEAN-EATING HAVEN

Baja California Sur's farmers markets are lively hubs for fresh, locally grown produce and artisanal goods. Markets in Todos Santos, Pescadero, Loreto, La Ventana, Los Barriles, and San José del Cabo feature organic vegetables, tropical fruits, and handmade products. Having walked these markets myself, I can attest to their magic—the vibrant colors, friendly interactions, and the joy of discovering ingredients straight from the land.

Most markets operate seasonally and on specific days, offering an ever-changing selection that reflects the region's agricultural rhythms. To find these markets, ask locals or check community bulletin boards and online forums for updated schedules. These spaces connect you to fresh, seasonal food and foster meaningful relationships with small-scale farmers and artisans who pour their passion into every product.

◆ ETHICAL SOURCING: A CULINARY COMMITMENT

Sustainable and ethical food sourcing is a cornerstone of clean eating in Baja. The region's pristine waters teem with marine life, and sustainable fishing practices help maintain ecological balance. In La Paz, seafood establishments emphasize sustainable methods, reflecting the region's broader commitment to environmental stewardship.

Restaurants across Baja, especially in Todos Santos and San José del Cabo, embrace farm-to-table principles. These dining experiences highlight how responsible sourcing elevates flavor and satisfaction. Whether it's freshly caught yellowtail or locally grown heirloom tomatoes, every dish celebrates Baja's commitment to clean eating.

◆ A PERSONAL INVITATION TO CLEAN EATING IN BAJA

As a health coach, I've seen the transformative power of clean eating. This lifestyle goes beyond the plate, connecting people to the culture and land that nurtures them. Baja's unique ecosystem—from the fertile farmlands of Todos Santos to the pristine waters of the Sea of Cortez—thrives when sustainability takes priority.

Every choice we make at the table ripples outward, influencing local economies and the environment. Choosing organic, seasonal, and sustainably sourced foods reduces carbon footprints, supports biodiversity, and ensures this region remains a haven for clean eaters.

◆ TIPS FOR CLEAN EATING IN BAJA CALIFORNIA SUR:

- **Plan Around Fresh, Seasonal Ingredients:** Visit farmers markets to discover what's in season and build your meals around those ingredients.
- **Ask Questions:** At markets or restaurants, inquire about the food's origin or sourcing methods.
- **Support Local CSAs:** Subscribing to a CSA box ensures regular access to organic produce while supporting small farmers.
- **Be Adventurous:** Try local specialties to expand your palate and support regional biodiversity.

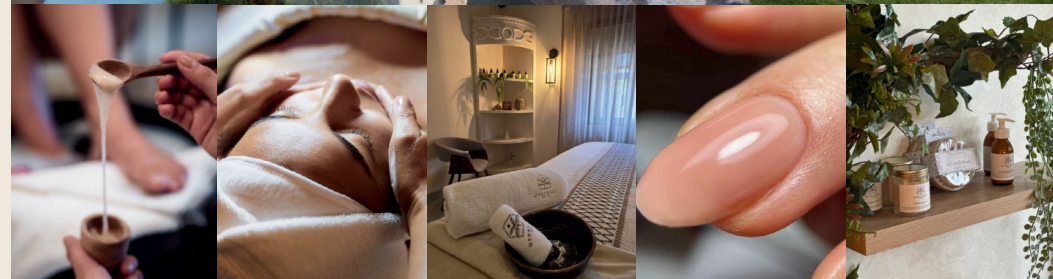
Clean eating in Baja California Sur nourishes the body and fosters a connection to the land, culture, and people behind the food. Next time you're in Baja, embrace the opportunity to eat clean. Support local farmers and fishers, savor the seasonal flavors, and indulge mindfully. In doing so, you'll nourish yourself and the vibrant landscapes and communities that make this region special. 🌿

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